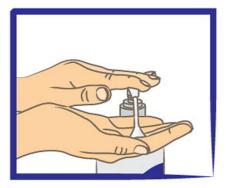
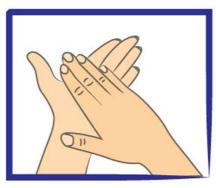
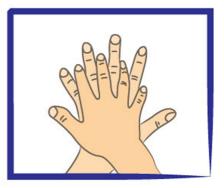
HAND DISINFECTION TECHNIQUE WITH HAND SANITIZER



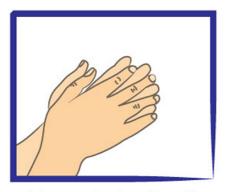
Apply a squirt of sanitizer in the palm of your hand.



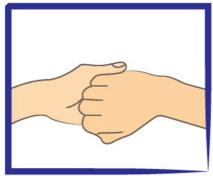
Rub your hands palm to palm.



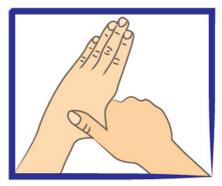
Rub the back of each hands with the palm of the other hand.



Rub your palms together with your finger interlaced.



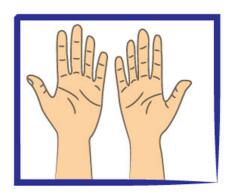
Rub the back of your fingers with the opposite palms.



Rotate your thumbs in the other hand.



Do a circle on your palm with your fingers clasped.



Once dry, your hands are safe.



Adapted from World Health Organization Guidelines on Hand Hygiene in Health Care 2009